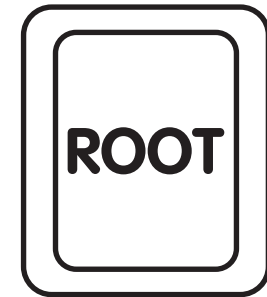
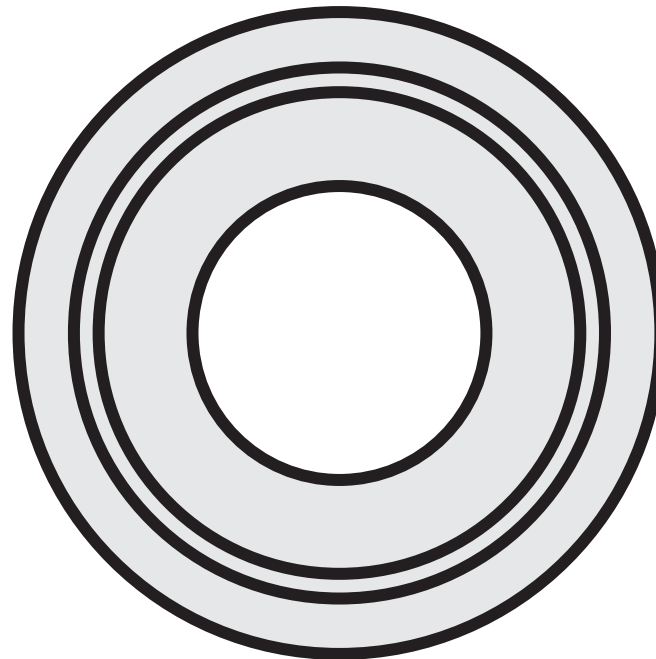
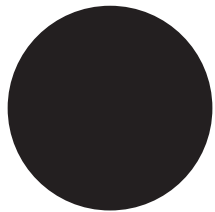
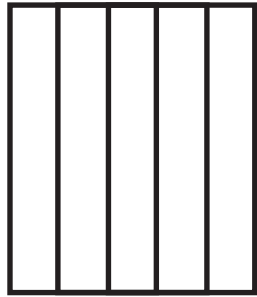




# SIR PADAMPAT SINGHANIA EDUCATION CENTRE

KAMLA NAGAR, KANPUR



**A SNAPSHOT OF MY SUMMER HOLIDAYS!**



**Dear Parents,**

### **Greetings**

It is a matter of pride and pleasure for all of us that our little ones have started toddling their way to school and that too happily now!

If there is one particular message this summer, it is this: Take the time to show children how wonderful, unique and special they are. Be there for them.

Holidays can be a time of shared fun, frolic, enjoyment and play for children and parents both.

While we would like our children to enjoy their summer break, we thought we would share a few activities which could be incorporated in their routine, so that they learn while they play. Do participate and relive your childhood with them.

- Use positive reinforcement to encourage and reward good behavior. Do not compare his/her with others.
- P's and Q's need to be reinforced at this tender age to become habits in future. Greeting guests and saying 'Sorry' are important, and they are easy to inculcate in daily life.
- Keep the child busy by teaching him/her to keep their belongings in place or run simple errands at home. This will help develop a sense of responsibility and respect for one's property.
- Reading with your children will enhance vocabulary and help raise readers.
- Give them hands on learning by taking them for a trip to the zoo, or to the market with you.

- Introduce new songs and rhymes.
- Allow self expression - whatever form they choose painting, colouring, dramatizing, music, poetry, paper tearing, cutting and pasting.
- Last but not the least, please communicate with your child in English, making him/her follow simple commands which will develop your child's language skills. Also good nutrition, rest, play and socializing is very important.

So dear parents, roll up your sleeves and get set go with your toddler! And all times remember they are very young and need to be encouraged. So please be patient and revel in their achievement.

**We wish you and your little one happy holidays and happy working !**

Have a great  
  
VaCation!

Life skills are valuable lessons kids use throughout their lifetime. It fosters the foundation and makes them aware not only of the self and surroundings.

Sustainability is the need of the hour and requires constant engagement in playful activities to develop a connect with the world and cultivate a sense of empathy and responsibility. Kindly assist your child and involve him/her in carrying out these activities.

Make sure to share the candid pictures and short videos of the activities. These visual records will help us to create an awareness and showcase our efforts in promoting sustainability.

### **Clean Water and Sanitation**

#### **Activity: Water Experiment**

**Material required:** One container filled with mud water, one empty container and strainer.

**Explanation:** Kids will pour the mud water from the strainer to another jar. All the mud will be collected on the strainer and the clean water will be poured in an empty jar. Kids will see the water being cleaned and they'll learn that they should use clean water. Also, they should be told about the uses of water and it shouldn't be wasted.



### **Quality Education:**

#### **Activity: Lend a helping hand**

**Explanation:** Kids have to donate books, slates and stationery stuff to the needy. They can also visit an orphanage and donate such things.

### **Healthy Habits:**

**Follow at least 2 healthy habits a day-** Drink adequate amount of water, do exercises, have a balanced diet, smile and laugh, play with your friends, maintain hygiene etc.



# Hands-on Learning

Water the plants in the garden with an adult.  
Identify red and yellow flowers.

Wash a handkerchief and learn the opposites-wet/dry, dirty/clean.

Stand in front of mirror and identify the parts of your body.

Touch your toes 10 times. Count along

Identify hot foods in the kitchen and cold in the fridge.

Help mummy make a fruit salad.  
Name the fruits and identify their taste.

Learn to fix a simple 4 - piece puzzle.

Sort 3 different coloured buttons mixed together.

Tear old magazine papers into small pieces. Paste within a circle.

